

Les idées de goûters pour la semaine

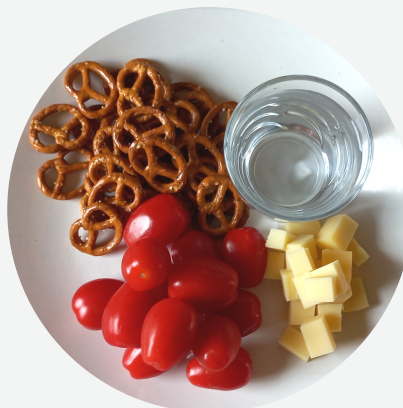
> 12 ans

LUNDI



Lait, cookies
Abricots secs

MARDI



Eau, Tomates cerise,
comté, bretzel

MERCREDI



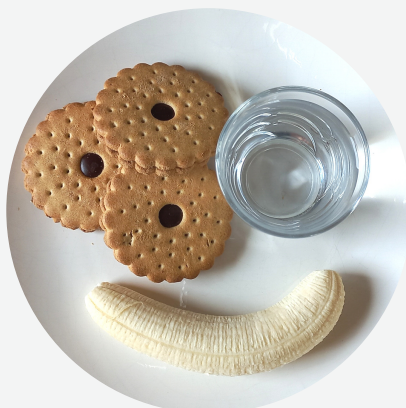
Eau, pain, chocolat,
compote

JEUDI



Infusion, madeleine,
fromage blanc sucré

VENDREDI



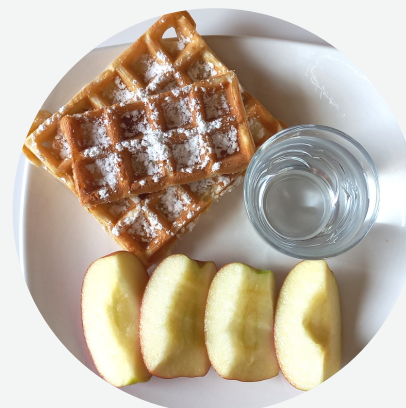
Eau, biscuits fourrés,
banane

SAMEDI



Chocolat chaud,
brioche, fraises

DIMANCHE



Eau, gaufre,
quartiers de pomme